



# Putting the Brakes On Blabbing

Let me share the obvious: teens talk, a lot. Here's a quick activity to make them slow down and think about what they are saying. Start your meeting with a few verses from Proverbs and see if your students catch the trend.

There is more hope for a fool than for someone who speaks without thinking. Proverbs 29:20

The wise don't make a show of their knowledge, but fools broadcast their foolishness. Proverbs 12:23

The heart of the godly thinks carefully before speaking; the mouth of the wicked overflows with evil words. Proverbs 15:28

Everyone enjoys a fitting reply; it is wonderful to say the right thing at the right time! Proverbs 15:23

After reading scripture hand out 10 pennies to each student in your small group or SS. Here is the deal

It cost 1 cent to make a comment relevant to what you are talking about

It cost 2 cents to make a comment off topic

It cost 3 cents to simply ramble for a minute.



If students run out of pennies they are done conversing for the meeting or that round of topics. so they should spend their pennies carefully.

If a students says something brilliant give them a penny or two.

Have fun and don't forget to join the conversation at [www.thediscipleproject.net](http://www.thediscipleproject.net)